



CONFESSIONS AND DECLARATIONS

The Word of God Says

IN JESUS CHRIST

These declarations and scriptures were pulled from a series of prayers and declarations I have used over time. Read them aloud and speak them over your life. Every line below is what God's Word says about you in Christ.

Negative confession opens the door back to the enemy. Positive confession is faith expressed. Speak what God says about you, not how you feel in the moment. Look up the references as you go and let the Holy Spirit make them your own.

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| 1. I am faithful (Ephesians 1:1) | 51. I can bring glory to God (Ephesians 3:21) |
| 2. I am God's child (John 1:12) | 52. I have been called (Ephesians 4:1; 2 Timothy 1:9) |
| 3. I have been justified (Romans 5:1) | 53. I can be humble, gentle, patient and lovingly tolerant of others (Ephesians 4:2) |
| 4. I am Christ's friend (John 15:15) | 54. I can mature spiritually (Ephesians 4:15) |
| 5. I belong to God (1 Corinthians 6:20) | 55. I can be certain of God's truths and the lifestyle which He has called me to (Ephesians 4:17) |
| 6. I am a member of Christ's Body (1 Corinthians 12:27) | 56. I can have a new attitude and a new lifestyle (Ephesians 4:21-32) |
| 7. I am assured all things work together for good (Romans 8:28) | 57. I can be kind and compassionate to others (Ephesians 4:32) |
| 8. I have been established, anointed and sealed by God (2 Corinthians 1:21-22) | 58. I can forgive others (Ephesians 4:32) |
| 9. I am confident that God will perfect the work He has begun in me (Philippians 1:6) | 59. I am a light to others, and can exhibit goodness, righteousness and truth (Ephesians 5:8-9) |
| 10. I am a citizen of heaven (Philippians 3:20) | 60. I can understand what God's will is (Ephesians 5:17) |
| 11. I am hidden with Christ in God (Colossians 3:3) | 61. I can give thanks for everything (Ephesians 5:20) |
| 12. I have not been given a spirit of fear, but of power, love and self-discipline (2 Timothy 1:7) | 62. I do not have to always have my own agenda (Ephesians 5:21) |
| 13. I am born of God and the evil one cannot touch me (1 John 5:18) | |
| 14. I am blessed in the heavenly realms with every spiritual blessing (Ephesians 1:3) | |

15. I am chosen before the creation of the world (Ephesians 1:4, 11)
16. I am holy and blameless (Ephesians 1:4)
17. I am adopted as His child (Ephesians 1:5)
18. I am given God's glorious grace lavishly and without restriction (Ephesians 1:5, 8)
19. I am in Him (Ephesians 1:7; 1 Corinthians 1:30)
20. I have redemption (Ephesians 1:8)
21. I am forgiven (Ephesians 1:8; Colossians 1:14)
22. I have purpose (Ephesians 1:9; 3:11)
23. I have hope (Ephesians 1:12)
24. I am included (Ephesians 1:13)
25. I am sealed with the promised Holy Spirit (Ephesians 1:13)
26. I am a saint (Ephesians 1:18)
27. I am salt and light of the earth (Matthew 5:13-14)
28. I have been chosen and God desires me to bear fruit (John 15:1, 5)
29. I am a personal witness of Jesus Christ (Acts 1:8)
30. I am God's coworker (2 Corinthians 6:1)
31. I am a minister of reconciliation (2 Corinthians 5:17-20)
32. I am alive with Christ (Ephesians 2:5)
33. I am raised up with Christ (Ephesians 2:6; Colossians 2:12)
34. I am seated with Christ in the heavenly realms (Ephesians 2:6)
35. I have been shown the incomparable riches of God's grace (Ephesians 2:7)
36. God has expressed His kindness to me (Ephesians 2:7)
37. I am God's workmanship (Ephesians 2:10)
38. I have been brought near to God through Christ's blood (Ephesians 2:13)
39. I have peace (Ephesians 2:14)
40. I have access to the Father (Ephesians 2:18)
41. I am a member of God's household (Ephesians 2:19)
42. I am secure (Ephesians 2:20)
43. I am a holy temple (Ephesians 2:21; 1 Corinthians 6:19)
44. I am a dwelling for the Holy Spirit (Ephesians 2:22)
63. I can honor God through marriage (Ephesians 5:22-33)
64. I can parent my children with composure (Ephesians 6:4)
65. I can be strong (Ephesians 6:10)
66. I have God's power (Ephesians 6:10)
67. I can stand firm in the day of evil (Ephesians 6:13)
68. I am dead to sin (Romans 6:11)
69. I am not alone (Hebrews 13:5)
70. I am growing (Colossians 2:7)
71. I am His disciple (John 13:15)
72. I am prayed for by Jesus Christ (John 17:20-23)
73. I am united with other believers (John 17:20-23)
74. I am not in want (Philippians 4:19)
75. I possess the mind of Christ (1 Corinthians 2:16)
76. I am promised eternal life (John 6:47)
77. I am promised a full life (John 10:10)
78. I am victorious (1 John 5:4; 1 Corinthians 15:57)
79. My heart and mind is protected with God's peace (Philippians 4:7)
80. I am chosen and dearly loved (Colossians 3:12)
81. I am blameless (1 Corinthians 1:8)
82. I am set free (Romans 8:2; John 8:32)
83. I am crucified with Christ (Galatians 2:20)
84. I am a light in the world (Matthew 5:14)
85. I am more than a conqueror (Romans 8:37)
86. I am the righteousness of God (2 Corinthians 5:21)
87. I am safe (1 John 5:18)
88. I am part of God's kingdom (Revelation 1:6)
89. I am healed from sin (1 Peter 2:24)
90. I am no longer condemned (Romans 8:1-2)
91. I am not helpless (Philippians 4:13)
92. I am overcoming (1 John 4:4)
93. I am persevering (Philippians 3:14)
94. I am protected (John 10:28)
95. I am born again (1 Peter 1:23)
96. I am a new creation (2 Corinthians 5:17)
97. I am delivered (Colossians 1:13)
98. I am redeemed from the curse of the Law (Galatians 3:13)

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45. I share in the promise of Christ Jesus
(Ephesians 3:6)

46. God's power works through me (Ephesians 3:7)

47. I can approach God with freedom and
confidence (Ephesians 3:12)

48. I know there is a purpose for my sufferings
(Ephesians 3:13)

49. I can grasp how wide, long, high and deep
Christ's love is (Ephesians 3:18)

50. I am completed by God (Ephesians 3:19)

(Galatians 3:13)

99. I am qualified to share in His inheritance
(Colossians 1:12)

THIS IS WHAT GOD SAYS ABOUT YOU

Not one of these lines depends on how you feel today. They are true because Jesus is true. Keep speaking them until what God says about you is louder than anything else you have believed.

You are who God says you are, in Jesus Christ.
